



March 12, 2015

March is National Colon Cancer Awareness Month.

Each week, the Colon Cancer Prevention Project is sharing information about colon cancer prevention. Check out this week's topic on Page 2.

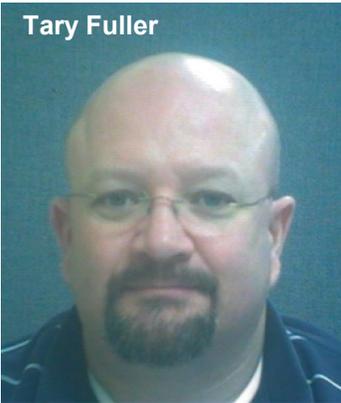
Myth Busters: Targeting the Top 5 Myths About Colon Cancer

FAC Spotlight: **Employee of the Month** **Recognizes COT Employees** **Who Go Above & Beyond**

Recognitions began this year

Tary Fuller (January) and Neil Hamilton (February) are the Commonwealth Office of Technology's first two employees to be recognized through the new "Employee of the Month" program at COT.

Tary Fuller



Fuller works as a Network Analyst II in the Division of Field Services, Eastern Field Services Branch, based out of Lexington. He was nominated as he was instrumental in establishing the Health Benefits Exchange (HBE) storefront at Fayette Mall. He overcame several issues at the mall site because of his expertise in network and computer operations. He was also noted for his continuing and crucial support of CHFS, DPA, PVA, and EDU. He has successfully taken on the tasks of configuring and deploying PCs with customer agencies that COT has just begun to support. He succeeded in this endeavor through research, consulting with the agency and familiarizing himself with the agencies' requirements. Tary works diligently to make sure COT's customers are taken care of in the most expedient and professional manner.

Hamilton works as a Network Analyst III in the Western Field Services Branch in Owensboro. He was nominated for his role in resolving server problems at the DEP office in Owensboro and for his participation in dealing with a computer virus outbreak impacting the CHFS environment. These

were two of the deciding factors in his selection. Neil works diligently to make sure COT's customers are taken care of and their data is safe.

Chief Information Officer Jim Fowler started the "Employee of the Month" recognition as a way for supervisors and co-workers to nominate a colleague who embodies going "above and beyond" in delivering service.

"We have so many wonderful employees at COT," said Fowler. "This is one way we can recognize those whose exceptional work qualities and/or customer service has made a significant difference for our customers."

Fuller's been with COT nearly two years, transitioning over from CHFS as part of the IT consolidation. He grew up in Owensboro and has lived in Lexington for 30 years.

Hamilton also came to COT from CHFS almost 2 ½ years ago as part of the I3 initiative/consolidation. Before joining state government, he spent 10 years with Memorex-Telex Corporation and six years with KCTCS in Owensboro. He grew up in Elizabethtown and now resides in Owensboro with his wife, Joan, and their Miniature Pinscher.

Each month a selection committee, with participants from different COT branches and divisions, meets to review nominations. Already, the program has garnered a lot of attention with many qualified nominations for COT employees who have shown leadership and commitment.



Neil Hamilton

Scholarship Available to Those Providing Early Childhood Education

Kentucky's child care providers and those who train child care providers may be eligible for the Early Childhood Development Scholarship to further their college education.

The application deadline for summer classes is April 15. The deadline for fall classes is July 15.

The scholarships are available to those who work at least 20 hours per week or provide training in early childhood development at least 12 times per year for an approved organization. Kentuckians employed as a preschool associate teacher in a state-funded preschool program are also eligible.

Recipients must be working toward an associate's or bachelor's degree in early childhood education or other approved credential. Depending on funding, the scholarship will pay up to \$1,800 for tuition each year. Students may not take more than nine hours of classes per semester.

To apply, students must submit the Free Application for Federal Student Aid (FAFSA) and an Early Childhood Development Scholarship application. The FAFSA is available at www.fafsa.gov. The scholarship application is available at www.kheaa.com. To complete the scholarship application, students must register for a MyKHEAA account. After registering, sign in to MyKHEAA, then select Apply Online for Scholarships.

The scholarship is administered by the Kentucky Higher Education Assistance Authority (KHEAA).

To learn about Kentucky scholarships and grants, visit www.kheaa.com, or call (800) 928-8926, ext. 6-7372.

KSP Accepting Applications For Facilities Security Officers



The Kentucky State Police is now accepting applications for the position of Facilities Security Officer II. Interested applicants should visit the KSP website at

http://www.kentuckystatepolice.org/recruit/ksp_facilities_security_officer.htm.

All applications and required documents must be completed and returned to the KSP Recruitment Branch at 919 Versailles Road, Frankfort, Ky, 40601 by May 1st, 2015.

The Kentucky State Police (KSP) is a law enforcement agency that prides itself on attracting the best individuals to become law enforcement personnel. KSP affords equal employment opportunity to all individuals, regardless of race, creed, color, religion, gender or age. For a copy of the KSP Equal Employment Opportunity Plan, [click here](#).

Kenlake Offers Nature's Bounty Buffet on March 14

Kenlake State Resort Park invites you to its Nature's Bounty Buffet on March 14 from noon-8 p.m. The buffet will include bison carved on the line, catfish from Kentucky Lake, fried chicken, duck gumbo, roasted wild boar, rabbit potpie, frog legs, various side dishes and desserts.



The adult price is \$23.95; children ages 6-12 are \$11.49 and children 5 and under are free. A beverage is included.

Call for "FUN" discount; get a bonus ticket for free 3D archery on March 14. For more information, call the park at 1-800-325-0143.

Myth Busters – Targeting the top 5 myths about colon cancer

Myth: No One In My Family Has Colon Cancer, So I Am Safe

Truth: You do not have to have a family history to get colon cancer. 80% of people diagnosed with colon cancer have **NO** family history.

Myth: No Symptoms = No Cancer

Truth: Just because you don't have symptoms doesn't mean you don't need to be screened. Symptoms often do not occur until late stage colon cancer. Screening = Prevention.

Myth: Colon Cancer Only Affects the Elderly

Truth: Although colon cancer is more often diagnosed in individuals over 50 years old, 10% of all colon cancer incidences are in people under 50.

Myth: Colorectal cancer is a man's disease.

Truth: Colorectal cancer is just as common among women as men. Each year, about 140,000 Americans are diagnosed with colorectal cancer, and more than 50,000 die from it. Colon cancer is the second leading cancer killer among men and women.

Myth: It's better not to get tested for colorectal cancer because it's deadly anyway.

Truth: Colorectal cancer is often highly curable. If it's found and treated early (while it's small and before it has spread), the 5-year survival rate is about 90%.



[Click here](#) to learn more about colon cancer prevention and screening options.